



ABOUT WARD 4

Tucson's Ward 4 is represented by Council Member Shirley C. Scott. Shirley has represented the Ward since 1995 and is honored to continue serving the constituents of Ward 4 and the City of Tucson.

In the Know

Congratulations to the A+ Vail School District

Ocotillo Ridge Elementary School, Senita Valley Elementary School, and Vail Academy and High School are Vail's newest Arizona Education Foundation A+ designees for 2014.



Superintendent Calvin Baker stated, "Meeting the challenging criteria for these awards can only be accomplished when schools and communities work together. This is a great honor for Vail. We are very proud of the staff, students, and parent community at ALL THREE schools."

The A+ School Recognition Program was created by the Arizona Educational Foundation in 1983 and exists to give public recognition to outstanding schools in Arizona. The application and selection process for the prestigious award is a highly demanding and rigorous process including an extensive application and site visits from AEF judges. Schools are evaluated in the areas of student focus and support, school culture, active teaching and learning, curriculum, leadership, community and parent involvement, and assessment data.

The Ward 4 Council Staff has had the pleasure of working with all 3 of these amazing schools. Superintendent Baker is correct, it takes a community, but we think it starts with Great Leadership. My husband is a teacher at Ocotillo Ridge Elementary School so I see firsthand the amazing leadership that Principal Jennifer Holt gives her staff, students, and parents. She isn't afraid to put on a tutu to motivate her team to finish any challenge they may encounter. Receiving the A+ designation is a yearlong grueling process and I can honestly say these schools earned the recognition. Congratulations Vail School District!

- Teresa Smith, Ward 4 Council Aide



WARD 4 STAFF

Renée Sowards
Senior Council Aide
Renee.Sowards@tucsonaz.gov
(520) 791-3199

Lannie Patel
Council Administrative Aide
Lannie.Patel@tucsonaz.gov
(520) 791-3199

Teresa L. Smith
Council Administrative Aide
Teresa.Olson@tucsonaz.gov
(520) 791-3199

Martha Cantrell
Administrative Assistant
Martha.Cantrell@tucsonaz.gov
(520) 791-3199



Ward 4
8123 E. Poinciana
Tucson, Arizona 85730

www.tucsonaz.gov/ward4

Click here to find
us on Facebook



7,603 Jobs

Mission Strong is a campaign of the Southern Arizona Defense Alliance (SADA), a broadly based group of local and regional businesses and community leaders who have come together to help support and preserve our military presence in Southern Arizona. In continuation of our series, we bring to you Yuma Marine Corps Air Station.

The Yuma Marine Corps Air Station is responsible for 7,603 jobs and generates \$531 million into the economy. It is home to multiple squadrons of AV-8B Harrier IIs of the 3rd Marine Aircraft Wing, Marine Aviation Weapons and Tactics Squadron 1 (MAWTS – 1) and Marine Fighter Training Squadron 401 (VMFT – 401). A joint civilian-military airport, MCAS Yuma shares facilities with Yuma International Airport and occupies approximately 3,000 acres, most of which is flat desert. It has been chosen by the US Marine Corps as the facility that will host the first F35B aircraft.

For more info, go to www.missionstrongaz.org.

Atturbury Wash Dedication

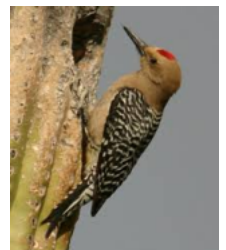
Did you know that wildlife watchers bring in \$1.5 billion annually into Arizona, this includes those who bird watch. People travel around the country looking at birds, and what better place than stopping in Tucson. There are some great places to go bird watching, like Agua Caliente Park and Saguaro National Park are just a few. There is even a great place here in Ward 4, called the Atturbury Wash. This wash is home to many species of birds. Vermilion Flycatcher, Cactus Wren, Cooper's Hawks, Gambel's Quail and the Gila Woodpeckers are all species of birds that you can find here at the Atturbury Wash.



The homes to these animals have been kept alive exclusively by rainwater and storm water. Unfortunately erosion problems have resulted in deepening of the main wash channel and capture of much of the storm water that flowed across the floodplain. Most of the storm waters now flow fast and deep, leaving the site quickly. This has resulted in die-off of some of the vegetation. That's the bad news, the good news is that this site was the first-ever Conserve 2 Enhance (C2E) funded riparian enhancement project, awesome!

The Tucson Audubon Society recently restored the wash with the help of a Tucson C2E grant, funded by C2E participants who have donated money based on their home water savings, and by Tucson Water customer donations via the Riparian Enhancement and Open Space check box on Tucson Water bills.

Volunteers planted 50 native trees and shrubs throughout the one-acre riparian enhancement site, created a raised trail system, and installed five rainwater harvesting basins and a drip irrigation system to provide water to the new plants. Irrigation water is provided by the City of Tucson Parks and Recreation Department, which manages Lincoln Regional Park. The recent restoration work also provided additional habitat for the many animals that make Atturbury Wash their home.



Thanks to all that help continue to make this a home to many species. Take your kids and or your dog for a walk through this great wash and take time to enjoy the great song of the native and not so native birds. Always remember to look up; you never know what might be flying overhead.

M&C

M&C is will be discussing the City budget, along with a lot of other items. Study session will begin at noon and Regular Session at 5:30pm. Here are a few items to be discussed: Study Session:

- * Fiscal Year 2015 City Budget
 - * Recommended Bus Service Changes for Fiscal Year 2015
 - * City of Tucson Emergency Operations Plan Update
- Regular Session:
- * Right-of-Way Acquisition for the Houghton Road Corridor Project
 - * Tentative Adoption of Fiscal Year 2015 Budget

As always if you have any concerns, please feel free to contact the Ward 4 office. If you would like to speak, you may do so during Regular Sessions Call to the Audience. Remember you can always watch the Mayor and Council meeting starting with the Study Session on www.tucson12.tv.

Healthy Living

Type 1 or Type 2

From data collected in 2011 there have been 18.8 million people diagnosed and 7.0 million people undiagnosed. Diagnosed with what? A not so simple disease called Diabetes. There are two types of Diabetes, simply called Type 1 or Type 2.



Type 1 diabetes is usually diagnosed in children and young adults, and was previously known as juvenile diabetes. Only 5% of people with diabetes have this form of the disease. Simply, in type 1 diabetes, the body does not produce insulin. Insulin is a hormone that is needed to convert sugar, starches and other food into energy needed for daily life. With the help of insulin therapy and other treatments, even young children can learn to manage their condition and live long, healthy lives.

Type 2 diabetes is the most common form of diabetes. Simply either the body does not produce enough insulin or the cells ignore the insulin. Insulin is necessary for the body to be able to use glucose for energy. When you eat food, the body breaks down all of the sugars and starches into glucose, which is the basic fuel for the cells in the body. Insulin takes the sugar from the blood into the cells.

Some groups have a higher risk for developing type 2 diabetes than others. Type 2 diabetes is more common in African Americans, Latinos, Native Americans, and Asian Americans/Pacific Islanders, as well as the aged population. Early detection and treatment of diabetes can decrease the risk of developing the complications of diabetes. The following symptoms of diabetes are typical. However, some people with type 2 diabetes have symptoms so mild that they go unnoticed. Here are a few common symptoms of diabetes:

- Urinating often
- Feeling very thirsty
- Feeling very hungry - even though you are eating
- Weight loss - even though you are eating more (type 1)
- Tingling, pain, or numbness in the hands/feet (type 2)

You can prevent or delay type 2 diabetes. Stay at a healthy weight, eat well and be active. With these steps, you can stay healthier longer and lower your risk of diabetes.

If you are concerned about diabetes please contact your doctor or if you have been diagnosed, then check out the American Diabetes Association's website at www.diabetes.org/?loc=logo. They have great information and offer support.

Coming Up...

3rd Annual Poker Run

Sat. May 17, 9am, Northwest Fire District Training Center (Ina & I10)

The Greater Tucson Fire Foundation (GTFF) is holding their Annual Poker Run. This motorcycle ride will travel across the north and east side of Tucson with various stops at community fire stations. This benefit helps raise funds to support the firefighter health and wellness program. For more information, go to www.tucsonfirefoundation.org.

Esmond Station Regional Park Open Houses

Thurs, May 29 6-7:30pm @ Esmond Station School/Tues, June 3, 6-7:30pm @ Desert Sky Middle School

The same material will be presented at each meeting. The recommendations and suggestions received from the public at these meetings will refine the concept plan and to develop a draft Master Plan that will be presented to the Pima County Board of Supervisors.

Road Work Update by MJ Dillard

Houghton Road: Irvington to Valencia

Schedule: This project will be completed the first part of June, and is looking like it will be under budget and on schedule.

The installation of the rubberized asphalt was just completed, and we placed temporary striping. Traffic also smooths out a lot of the asphalt for the first 30 days. Once this new asphalt sets up (30 days) we will add the final thermoplastic reflective striping and markers.

We will start working on a ribbon cutting ceremony for this project.

Landscaping:

Landscaping continues to be installed throughout the project area. Various lanes of traffic will be temporarily closed to provide a safe zone for this installation. Within the next week or two, we will be placing the rock mulch throughout the project area and we will need to close various lanes for this work as well. Our goal is to keep as many of the lanes open as possible at all times.

As always, please keep the speeds down. Workers are still on the site and we don't want to see anyone hurt.

Houghton Road: Bridge over the Union Pacific Railroad and UPRR Bridge to Interstate 10

Schedule: Construction on these projects is still scheduled to begin sometime in mid-2015.

We appreciate your patience, and we want to hear from you if you have any questions, concerns or suggestions.

M.J. Dillard

City of Tucson Construction Project Manager
520-837-6616



In the 411

Eastside Police Substation – 791-5700

9670 E. Golf Links

For additional information in regards to tickets or other departments within the Tucson Police Department log on to <http://cms3.tucsonaz.gov/police>
Transportation (TDOT) - 791-4259

201 N. Stone Ave. 5th Floor.

Got a question about construction, traffic, streets, graffiti removal, landscaping, stormwater, RTA or anything along these lines? Visit <http://cms3.tucsonaz.gov/transportation> to get more info.

Environmental Services - 791-3171

Information on trash, recycling, landfills, brush and bulky and even neighborhood cleanups is what you can find here. They even do Hazardous Household Waste Collections. Visit <http://cms3.tucsonaz.gov/es> for more info.

Tucson Water - 791-4331

310 W. Alameda St.

Have questions on billing, water conservation, water quality or general service, then call the public info line or check out <http://cms3.tucsonaz.gov/water>

William Clements Center - 791-5758 or 791-4730

8155 E. Poinciana

There is a lot happening here! Additional information, including calendar of events, go to <http://cms3.tucsonaz.gov/parksandrec/clements>

Miller-Golf Links Branch Library - 594-5355

9640 E. Golf Links Rd

Get info of scheduled events or what's currently happening at this library. Better yet go to www.library.pima.gov/locations/golfinks

Pima Council on Aging - 790-7262

8467 E. Broadway

This is a great place that offers programs and services to older adults and their families living in Pima County. Learn more about this great organization by going to www.pcoa.org

Code Enforcement - 791 - 5843

310 N. Commerce Park Loop

Chapter 16 and 3 fo the City Code is what they enforce. If you suspect property or housing violations within the City give them a buzz or go online for more information or to make a complaint at <http://cms3.tucsonaz.gov/hcd/code-enforcement>

Graffiti Removal Program - 792 - 2489

If you see someone "tagging" call 911. If The graffiti is already there, then call the number above to report it. Check out <http://cms3.tucsonaz.gov/graffiti> for more information on removal or reporting.

